



DIME



St. Nicks
Alliance

McCarren 5K

In partnership with

**NORTH
BROOKLYN
RUNNERS**

SATURDAY - MAY 7, 2022

5K RUN/WALK 9AM

John Ericsson Playground
Middle School 126, Brooklyn, NY 11222

About the Race

The Dime McCarren 5K, originally launched in Greenpoint/Williamsburg by St. Nicks Alliance in 2012 as a 5K run/walk to engage the community and raise money for local youth education. It swiftly captured the feet and hearts of local runners and walkers including powerhouse running club, North Brooklyn Runners (NBR). Feet dig into this rousing route that takes them to the water's edge and through new and old neighborhood charms. The heart part is there is no healthier way to support a great local cause: the registration fee supports St. Nicks Alliance's very cool transformational and impactful services to low income seniors, youth, and adults in N Brooklyn!

YOUR PARTICIPATION SUPPORTS ST NICKS ALLIANCE WORK IN NORTH BROOKLYN! St. Nicks Alliance celebrates 47 years of helping North Brooklyn residents with services in the areas of affordable housing, job training/job search assistance for adults and young adults, elder care services including senior centers, daycare, after school and helping teens complete high school and get into college or a career, and community smart planning and advocacy. St. Nicks Alliance serves 17,000 low/moderate-income people annually.

[**Click Here to Support St. Nicks Alliance!**](#)



McCarren 5K



Event Day Details

BIB LOOKUP

CHECK-IN 8AM

5K START 9AM

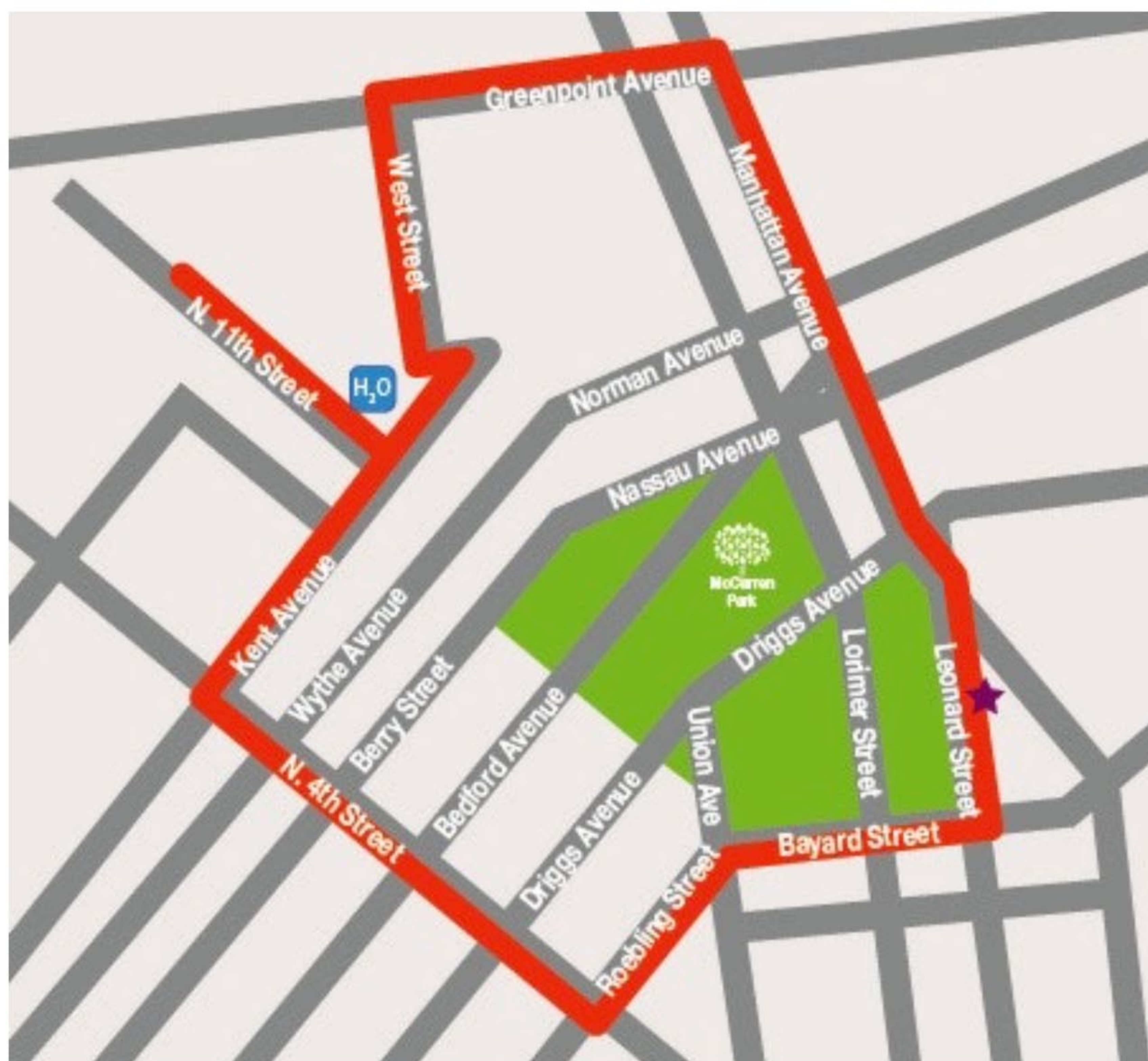
Day of the event: Ericsson Playground. 8AM - 9AM

Early Pickup: Brooklyn Running Co., 222 Grand St, Brooklyn, NY 11211. Fri. 5/6 from 2-7PM

YOU MUST KNOW YOUR BIB NUMBER

YOU WILL GET A TEXT/EMAIL WITH YOUR BIB NUMBER AT LEAST 2 HOURS BEFORE PACKET PICKUP

COURSE MAP



OVERVIEW

3.1 miles, electronically timed, diverse and accurately measured course takes you on a tour of North Brooklyn's hippest and old school streets before returning to the finish for a post-race refuel and awards.

TIME LIMIT

The official time limit for runners is 1 hour for the 5K. Walkers will not be timed.

A RACE FOR EVERYONE

Participating runners' skill levels range from professional athletes to the fair weather and capricious exercisers. So you can run to beat the clock or slow stride it to the finish line. The Dime McCarren 5K has a speed for all abilities. It's a family fun run, and many families run in their own pack. And because the proceeds go to fund local education services, it's a win-win for everyone!

Post Run Details

AMENITIES

Post-Race Music, Announcements and spread of fruits and bottled water

No Official Bag Check, we do not recommend bringing items to the event

AWARDS

HOKA Carbon X 3

HOKA will provide a Carbon X 3 model to top finishers (M/F). The Carbon X 3 is a hyper supportive, hyper propulsive shoe for running fast & far. It contains a lightweight, responsive foam with a carbon fiber plate delivering a ride to help you push to a statement-making finish.

Top 3 M/F Runners Overall: Gift Cards from Brooklyn Running Company \$150, \$100, \$75

Top 3 M/F Age Group 5K: \$20 Gift Cards from Brooklyn Running Company 9 & Under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Awards ceremony will begin no later than 10:15AM

FREE PHOTOS & LIVE RESULTS



QUESTIONS

Call 718-388-5454 ext 167 for assistance or more information

Email events@elitefeats.com