



Runners, thank you for your support of the Massapequa Thanksgiving Day Turkey Trot.

As a result of your participation in this event, we will be able to make a very sizeable donation to the John Theissen's Children's Foundation (<https://www.jtcf.org/>) and the Leukemia & Lymphoma Society.

In anticipation of the race, here is some important information:

WEATHER

There is no rain date. Our race will go forward on Thanksgiving morning.

RACE PACKET PICK UP-WEDNESDAY FROM 1-5

You must pick up your race packet at the **back of John J. Burns Park**, the day before the race. We will be in the building in the back of the park, near the boat launch. There is only one entrance to the park. After entering the park, continue on the entrance road, heading south. The building is located to the left of the boat launch.

Prior to your arrival you will receive a text/email with your bib number. Please have this text ready when you arrive. [Or check this link 2 hours prior to picking up your bib.](#)

It is okay to have someone pick up the race packet for you.

Please note that we will have limited race day packet pick up and cannot guarantee that you will get your bib before the race starts.

TEE SHIRTS

We have purchased 1800 shirts for the race. If your bib number is from 1-1800, we have a shirt for you. If you registered on or before Nov. 9, your tee shirt size will be on your bib. That is the size that we have for you. If you did not register on or before Nov. 9, and your bib number is 1800 or below, we will have a shirt for you on a first come, first served basis.

RACE DAY PARKING

If you want to leave right after the race, do not park in Burns! Once the race begins, only those parked in the



west lot can leave. For the safety of our runners, all others must wait until after the race. **There is ample parking at Marjorie Post Park** and the surrounding streets.

PLEASE DO NOT PARK ON THE EAST SIDE OF MERRICK ROAD BETWEEN THE PARK AND WEST SHORE DRIVE. THAT IS PART OF THE RACECOURSE.

FUN RUN

The Fun Run will start promptly at 8:30. Please be respectful of the young runners as you prepare for the 5k. Their racecourse is the interior loop at Burns. Once the fun run starts, please stay off the interior loop.

WATER STOP

The one and only water stop will be just past the one-mile mark on West Shore Drive.

LATE REGISTRATION

You may register in person on Wednesday, or on Thursday before the race. Registration will be online only, and we can only accept credit card payments.

The fee for race day registration is \$35.00. If you register on Wednesday or Thursday, there are no tee shirts.

FOOD/DRINK

We will have bagels and water after the race

Any questions, please post on our Facebook page ([Massapequa Turkey Trot](#))

STROLLERS

Strollers are welcome. Please be mindful of the other runners. No need to register children in strollers.

DOGS

The Town of Oyster Bay does not permit dogs in Burns Park where the race starts and finishes.



NOTE ON THE 5K RACE

We are very grateful to the large number of runners this year. Keep in mind that the race is chipped timed. This means that your time doesn't start until you cross the start line.

Also, the racecourse is designed with one spot where runners exiting the park may intersect with the lead runners re-entering the park. When the lead pack is heading back to Burns, we would ask that those exiting the park keep to their right (on the sidewalk if possible), and the lead runners stay to their right on Merrick Road. This will leave plenty of room for all runners. Thank you!

FOR UP-TO-DATE INFORMATION PLEASE [CLICK HERE](#)