

WALK TO BREAK THE SILENCE ON OVARIAN CANCER 5K

Belmont Lake State Park, NY

TWO CIRCUITS AROUND BELMONT LAKE



Measured by G. Westerfield 07/02/2014
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MILE MARKS

1 Mile: 65 feet south of sign for Fitness Course-Beam Jump (1st station north of Admin. Bldg.)

2 Miles: 85 ½ feet south of sign for Fitness Course-Chin Up (1st station north of bridge).

3 Miles: White slash painted on path in front of Row Boat Rental booth.

