



Parking Available at the  
Stop & Shop and YMCA  
on Rockaway Beach Blvd

Train Station

HM START

5K START

5K is 1/2 Loop  
HM is Two Loops

5K & HM FINISH

Water At Finish

Check-In Area  
Located Just Southeast  
of the Boardwalk on 73rd St.

There are public water fountains  
throughout the course

