Race Date
July 18, 2018

LIRRC Cookie 5K

Overall Finish List

5K Open

Overall	Name	City	Bib No	Age	Gend	AG Place	Time	Pace
1	Ryan Heskin		7607	17	M	1: Open	16:31.77	5:19/M
2	Brandon Eagle	East Meadow NY	7615	21	M	1: 20-24	17:49.61	5:44/M
3	Kenny Procacci		7652	14	M	1: 13-15	17:58.97	5:47/M
4	Jose Velasquez		7643	21	M	2: 20-24	18:32.77	5:58/M
5	Ray Giron		7675	28	M	1: 25-29	18:58.29	6:06/M
6	Lauryn Heskin		2265	14	F	1: Open	19:02.58	6:08/M
7	aidan Ke		7658	12	M	1: 1-12	19:37.72	6:19/M
8	mike burd		8378	32	M	1: 30-34	19:45.56	6:21/M
9	Robert Votruba		7678	45	M	1: 45-49	19:50.08	6:23/M
10	Winston Mei		8396	47	M	2: 45-49	20:18.36	6:32/M
11	Luis Palma		7682	35	M	1: 35-39	20:28.82	6:35/M
12	Bradley quinn	Syosset NY	7661	22	M	3: 20-24	20:30.32	6:36/M
13	John Oakley	Bayport NY	7611	56	M	1: 55-59	20:38.78	6:38/M
14	jeff steinberg		7635	56	M	2: 55-59	20:52.42	6:43/M
15	Matthew Zerbarini	Levittown NY	7610	15	M	2: 13-15	21:08.69	6:48/M
16	Pharlin Noel		7638	29	M	2: 25-29	21:13.29	6:50/M
17	alex addison		7657	12	M	2: 1-12	21:34.26	6:56/M
18	Hopkins Aidan		7667	8	M	3: 1-12	21:58.59	7:04/M
19	Hector Jaramillo	Baldwin NY	9	47	M	3: 45-49	21:59.11	7:05/M
20	Walter Bryant		8357	25	M	3: 25-29	22:05.28	7:06/M
21	Justin Ortiz	Bethpage NY	116	16	M	1: 16-19	22:20.18	7:11/M
22	Romulo Brito		7622	40	M	1: 40-44	22:23.01	7:12/M
23	Scott Brennan		7663	56	M	3: 55-59	22:25.27	7:13/M
24	Richard Giron		8360	33	M	2: 30-34	22:29.49	7:14/M
25	Kathleen Healy		7679	14	F	1: 13-15	22:36.50	7:16/M
26	Meaghan Serravite	Glen Cove NY	7613	46	F	1: 45-49	22:47.90	7:20/M
27	jesus perez		8367	44	M	2: 40-44	22:53.00	7:22/M
28	Lacey Lohr	Long Beach NY	7625	28	F	1: 25-29	23:24.39	7:32/M
29	Jose Velasquez		7642	46	M	4: 45-49	23:29.00	7:34/M
30	David Drebsky	Plainview	8400	37	M	2: 35-39	23:32.48	7:34/M
31	Julia Schneider	North Massapequa	111	18	F	1: 16-19	23:33.72	7:35/M
32	Michelle Hyers		7608	33	F	1: 30-34	23:43.44	7:38/M
33	Ron Darress		8358	66	M	1: 65-69	23:44.56	7:38/M
34	kasia staniaszek		8395	27	F	2: 25-29	23:49.78	7:40/M
35	Steve Juchem		7649	49	M	5: 45-49	23:51.13	7:41/M
36	David Frisone		7609	73	M	1: 70-74	23:56.04	7:42/M
37	Kristen Alvy		7621	18	F	2: 16-19	23:57.17	7:43/M
38	james hopkins		7669	14	M	3: 13-15	24:05.25	7:45/M
39	Nicholas Robertson		8388	12	M	4: 1-12	24:08.00	7:46/M
40	Jennifer Neidle		8372	25	F	3: 25-29	24:08.14	7:46/M
41	tyler ke		7659	9	M	5: 1-12	24:13.51	7:48/M
42	Gary Woods		7650	43	M	3: 40-44	24:14.74	7:48/M
43	John Caridi		7683	34	M	3: 30-34	24:18.98	7:49/M
44	miguel bracamonte		7660	8	M	6: 1-12	24:20.37	7:50/M
45	Michelle Ashbahian		7606	15	F	2: 13-15	24:22.24	7:51/M
46	Connor Ronan		7666	12	M	7: 1-12	24:22.30	7:51/M
47	Nick Turkovich		7636	37	M	3: 35-39	24:37.54	7:55/M

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48	Allen Cheong	Baldwin NY	104	61	M	1: 60-64	25:04.96	8:04/M
49	David Ramos		7646	56	M	4: 55-59	25:19.95	8:09/M
50	Caleigh Hopkins		7670	12	F	1: 1-12	25:26.01	8:11/M
51	Jim hopkins		7668	42	M	4: 40-44	25:26.60	8:11/M
52	Gerard Nicasio	Glen Oaks NY	7698	24	M	4: 20-24	25:29.12	8:12/M
53	Goldman Joshua		7647	30	M	4: 30-34	25:29.44	8:12/M
54	Thomas Capruso		8385	47	M	6: 45-49	25:34.20	8:14/M
55	Brian Butler	Long Beach NY	7656	64	M	2: 60-64	25:40.44	8:16/M
56	Mike Wisniewski	North Babylon NY	7653	38	M	4: 35-39	25:42.78	8:16/M
57	Valerie Mabia	Arlington TX	7691	28	F	4: 25-29	25:52.76	8:20/M
58	Stacey Canderelli	Westbury NY	118	40	F	1: 40-44	25:54.20	8:20/M
59	Kerry Brown		8369	46	F	2: 45-49	25:54.96	8:20/M
60	survilla gary		7632	51	M	1: 50-54	25:55.45	8:21/M
61	gary brendel		7628	56	M	5: 55-59	26:06.26	8:24/M
62	Hernael Noel		7637	26	M	4: 25-29	26:07.02	8:24/M
63	Cindy Coons		8366	39	F	1: 35-39	26:09.62	8:25/M
64	Erica Summer		8387	47	F	3: 45-49	26:13.98	8:26/M
65	Luis Sanchez		8370	49	M	7: 45-49	26:25.89	8:30/M
66	John sommer		7665	48	M	8: 45-49	26:41.58	8:35/M
67	Melissa Pierre	Wantagh NY	8391	22	F	1: 20-24	26:46.11	8:37/M
68	Pulis David		7641	39	M	5: 35-39	26:50.08	8:38/M
69	Ellen Greenspan	Mill Neck NY	41	57	F	1: 55-59	26:57.96	8:40/M
70	Bridget Faria	East Meadow NY	7617	27	F	5: 25-29	26:58.09	8:41/M
71	Theresa Juva-Brown	Oakland Gardens NY	114	34	F	2: 30-34	27:05.61	8:43/M
72	Kathy Agricola		8376	62	F	1: 60-64	27:10.63	8:45/M
73	Richard Semenick		8364	57	M	6: 55-59	27:12.57	8:45/M
74	James Gallagher		8377	63	M	3: 60-64	27:26.17	8:50/M
75	lori mangual		8381	53	F	1: 50-54	27:31.54	8:51/M
76	Ron Nardo		8382	54	M	2: 50-54	27:34.24	8:52/M
77	Eric Gustafson		7687	60	M	4: 60-64	27:43.93	8:55/M
78	seth Goodstein		8371	48	M	9: 45-49	27:46.95	8:56/M
79	michael broderick		8362	53	M	3: 50-54	27:49.80	8:57/M
80	John Healy		7627	46	M	10: 45-49	28:03.70	9:02/M
81	Anne Broderick		8361	52	F	2: 50-54	28:16.46	9:06/M
82	Joseph McLoughlin		8399	46	M	11: 45-49	28:29.18	9:10/M
83	Scott Fairgrieve		7654	66	M	2: 65-69	28:34.74	9:12/M
84	james sciara		8393	37	M	6: 35-39	28:42.67	9:14/M
85	patricia russell		8359	38	F	2: 35-39	28:45.29	9:15/M
86	donna brady		7677	60	F	2: 60-64	28:47.07	9:16/M
87	william montero		7651	60	M	5: 60-64	28:47.19	9:16/M
88	Kathleen Worthman		7680	49	F	4: 45-49	28:49.76	9:17/M
89	Avigael Wodinsky	West Hempstead NY	119	48	F	5: 45-49	28:51.82	9:17/M
90	Matthew Labarca	Hicksville NY	7697	14	M	4: 13-15	28:54.47	9:18/M
91	Jack Healy		7626	11	M	8: 1-12	29:11.37	9:24/M
92	Andrea Stachhniewicz		7648	29	F	6: 25-29	29:14.40	9:25/M
93	Shawn Momtahen	Bay Shore NY	87	69	M	3: 65-69	29:16.90	9:25/M
94	Peter Briguglio		7629	27	M	5: 25-29	29:27.48	9:29/M

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95	Danielle McSherry		8356	33	F	3: 30-34	29:32.09	9:30/M
96	Elana Buckley	Levittown NY	7694	31	F	4: 30-34	29:33.10	9:31/M
97	Shannon Pulis		7640	11	F	2: 1-12	29:43.31	9:34/M
98	Tricia Bocchimuzzo	Sayville NY	35	44	F	2: 40-44	29:43.31	9:34/M
99	Jeanna Lambert		7630	42	F	3: 40-44	29:45.62	9:35/M
100	Kimberly Rosenkrantz		7673	38	F	3: 35-39	29:49.46	9:36/M
101	Fallon Siriban	Elmont NY	7614	8	F	3: 1-12	29:52.18	9:37/M
102	Zully Velasquez		7644	24	F	2: 20-24	29:53.84	9:37/M
103	Survilla Nicole		7633	25	F	7: 25-29	29:54.78	9:37/M
104	Monica Gould	Plandome Manor NY	84	53	F	3: 50-54	30:00.08	9:39/M
105	Amanda Alvy		7620	16	F	3: 16-19	30:08.42	9:42/M
106	Claire Haines		8384	63	F	3: 60-64	30:26.29	9:48/M
107	Cameron Montalbano		7645	14	F	3: 13-15	30:30.24	9:49/M
108	Timothy Droge		7662	63	M	6: 60-64	30:31.82	9:49/M
109	Molly Vallejo		8379	24	F	3: 20-24	30:45.62	9:54/M
110	Daniel Neidle	East Meadow NY	7700	61	M	7: 60-64	30:59.18	9:58/M
111	Fran Dowling	Baldwin NY	39	64	F	4: 60-64	31:04.42	10:00/M
112	lori vallejo		8380	59	F	2: 55-59	31:08.76	10:01/M
113	Jonathan Menahem		8394	45	M	12: 45-49	31:17.18	10:04/M
114	Chris Minerva		7671	55	M	7: 55-59	31:17.39	10:04/M
115	Laura Smith	Levittown NY	113	40	F	4: 40-44	31:24.40	10:06/M
116	Donna Rosen	Jericho NY	49	62	F	5: 60-64	31:44.69	10:13/M
117	Michelle Fussell		8363	38	F	4: 35-39	31:47.92	10:14/M
118	Christina Juva	Forest Hills NY	7693	39	F	5: 35-39	31:49.80	10:14/M
119	Marie Wright		7689	60	F	6: 60-64	32:34.21	10:29/M
120	Mark Warren		8351	56	M	8: 55-59	32:34.38	10:29/M
121	Peter LaBarca		8354	42	M	5: 40-44	32:38.55	10:30/M
122	Diana Marks		7634	46	F	6: 45-49	32:54.14	10:35/M
123	Ann Marie Cassandra		8392	55	F	3: 55-59	33:01.00	10:38/M
124	Brandon Coons		8365	11	M	9: 1-12	33:17.96	10:43/M
125	Jina Heo		8374	57	F	4: 55-59	33:44.93	10:51/M
126	Ange;a Papageorgiou	Westbury NY	7696	23	F	4: 20-24	33:49.27	10:53/M
127	Antonio Patino		7676	75	M	1: 75-79	33:51.14	10:54/M
128	Lizzy Lee	Franklin Square NY	8389	31	F	5: 30-34	33:59.67	10:56/M
129	Dennis Dowling		7655	64	M	8: 60-64	34:06.97	10:59/M
130	Peggy Conneely		7686	64	F	7: 60-64	34:08.24	10:59/M
131	Medjine Pierre	Wantagh NY	8390	24	F	5: 20-24	34:13.82	11:01/M
132	Warren Drezen		7688	65	M	4: 65-69	34:25.82	11:05/M
133	Laura Vegas	East Meadow NY	22	51	F	4: 50-54	34:37.04	11:09/M
134	Gerard Ruiz	Hicksville NY	53	58	M	9: 55-59	34:47.00	11:12/M
135	nina mccann		8375	46	F	7: 45-49	34:47.83	11:12/M
136	danie sanders		8386	50	F	5: 50-54	35:20.85	11:22/M
137	Rory Woods		7681	10	M	10: 1-12	35:33.78	11:27/M
138	Laura Sullivan		7623	45	F	8: 45-49	35:50.12	11:32/M
139	kelly Pulis		7639	9	F	4: 1-12	35:52.35	11:33/M
140	kim duchow		8368	43	F	5: 40-44	35:57.78	11:34/M
141	Glen Wolther	Jericho NY	26	61	M	9: 60-64	36:11.25	11:39/M

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142	Christine Cirella	Bethpage NY	7699	37	F	6: 35-39	36:42.09	11:49/M
143	Angelica Evangelista	Briarwood NY	7692	26	F	8: 25-29	37:00.23	11:55/M
144	Jermyn Rafael	New Hyde Park NY	7619	27	M	6: 25-29	37:11.65	11:58/M
145	Luisa Vera		8398	45	F	9: 45-49	37:30.87	12:04/M
146	Phillip LaBarca		8355	9	M	11: 1-12	38:03.23	12:15/M
147	Rochelle Holden	Westbury NY	8	64	F	8: 60-64	38:30.31	12:24/M
148	Joseph Yonda		8373	66	M	5: 65-69	39:03.99	12:34/M
149	Emily Healy		7674	14	F	4: 13-15	39:15.61	12:38/M
150	Ian Biller		7684	32	M	5: 30-34	39:30.14	12:43/M
151	Leah Fisch	Hicksville NY	7685	32	F	6: 30-34	39:30.49	12:43/M
152	Leah Fisch	Hicksvile NY	7690	30	F	7: 30-34	39:40.98	12:46/M
153	Brian Dobkin		7624	52	M	4: 50-54	40:35.21	13:04/M
154	Daniel Fey	Massapequa NY	8397	29	M	7: 25-29	40:52.49	13:09/M
155	Kathleen Whelan	Bellmore NY	7612	53	F	6: 50-54	41:34.37	13:23/M
156	Caitlin Betterly	East Meadow NY	7618	27	F	9: 25-29	42:42.03	13:45/M
157	Gregory Delafuente		8383	47	M	13: 45-49	43:11.22	13:54/M
158	Katie Minerva		7672	23	F	6: 20-24	43:28.82	13:59/M
159	IVa Sutton		7631	43	F	6: 40-44	43:57.84	14:09/M
160	Jenn Grauso	Levittown NY	117	40	F	7: 40-44	44:38.20	14:22/M
161	Pat Hauk	Sayville NY	42	52	F	7: 50-54	45:52.86	14:46/M
162	George Shilling		7664	80	M	1: 80-99	46:08.56	14:51/M
163	Wayne Hall	Hempstead NY	71	71	M	2: 70-74	46:23.42	14:56/M
164	Jennifer Friary	Yonkers NY	112	37	F	7: 35-39	46:48.36	15:04/M