



21st Annual
Jim Camburn Memorial
BUENA RELAYS
Saturday April 5, 2025

Inclement Weather Date: April 4th

9:00AM

Entry Forms Deadline Thursday March 27th

Milesplit Online Entry Deadline: Thursday April 3rd 6:00pm

DIVISION 1: Groups 1, 2 & Non-Public B

DIVISION 2: Groups 3, 4 & Non-Public A

Novice: All Groups combined

NJSIAA Spring Classifications

Relay Medal Awards

Varsity: Top 4 in each event by Division

Novice: Top 3 combined

Team Plaque Awards

Track: 1st in each Division

Field: 1st in each Division

ENTRIES:

1. One Varsity team per event
2. Sub-varsity entries 2 per school
3. All field events are two person teams

INCLUDING...

EXHIBITION 4X100 THROWER'S RELAY

SCHOOL: _____ NJSIAA GROUP: _____

| If Entering ✓ | ENTRY FORM | | FEE | TOTAL |
|---|---|----------------------------|--------------|--------------|
| | ALL BOYS EVENTS includes 8 varsity running, 7 varsity field event, & a throwers relay, PLUS 1 entry for each boys novice field or running relays | | \$350 | |
| | ALL GIRLS EVENTS includes 8 varsity running, 7 varsity field event, & a throwers relay, PLUS 1 entry for each novice field or running relays | | \$350 | |
| Individual entries (for additional novice entries or if not entering a full team) | | # OF ENTRIES | @ FEE | TOTAL |
| <i>Running and/or field relay</i> | | | @ \$30 each | |
| TOTAL DUE FROM ALL SECTIONS: | | | | |
| Athletic Director: | | AD's Email: | | |
| Boy's Coach: | | Girl's Coach: | | |
| Boy's Coach Cell: | | Girl's Coach Cell: | | |
| Boy's Coach Email: | | Girl's Coach Email: | | |
| <p>I UNDERSTAND THAT THIS IS AN ENTRY FEE AND NOT A PARTICIPATION FEE. THE MEET DIRECTOR HAS TO STILL MAKE PAYMENT TO THE MEETS VENDORS BASED ON ENTRIES RECEIVED. PAYMENT IS EXPECTED EVEN IF YOU CHANGE YOUR PLANS. NO REFUNDS.</p> | | | | |
| Signature of Boy's coach: | | Signature of Girl's Coach: | | |

ENTRY FORM DEADLINE: MARCH 27, 2024

MILESPLIT DEADLINE: THURSDAY April 3, 2024 6pm

MAKE CHECKS PAYABLE TO:
BUENA REGIONAL HIGH SCHOOL ATHLETIC FUND

Entries forms can be submitted digitally to

Douglas Foglein

dfoglein@buena.k12.nj.us

Please put BUENA RELAY ENTRY in the subject line

Please send all checks to

Buena Regional High School

C/O Douglas Foglein

125 Weymouth Road, Buena, NJ, 08310

Attention

Questions: call David Pfeiffer, Meet Director

Cell: 609-380-0609

Entry is a 2 step process:

- (1) Complete an entry form above **and**
- (2) Enter line up on www.nj.milesplit.com.

There will be no cards to fill out the day of the meet!

Athletes must check in at the field events.

The following form is for your planning purposes–no need to return

| | BOYS | BOYS | GIRLS | GIRLS |
|-----------------------------|-------------|-------------|--------------|--------------|
| Running Events Order | VARSITY | NOVICE | VARSITY | NOVICE |
| 2 X 400M IH | | XXXXXXXX | | XXXXXXXX |
| 4 X 100 | | | | |
| DMR 12-4-8-16 | | XXXXXXXX | | XXXXXXXX |
| Shuttle Hurdles | | XXXXXXXX | | XXXXXXXX |
| 4 X 200 | | | | |
| 4 X 800 | | | | |
| SMR 2-2-4-8 | | | | |
| 4X100 thrower's * | | XXXXXXXX | | XXXXXXXX |
| 4 X 400 | | | | |
| | | | | |
| Field events | | | | |
| TRIPLE JUMP | | XXXXXXXX | | XXXXXXXX |
| LONG JUMP | | XXXXXXXX | | XXXXXXXX |
| HIGH JUMP | | | | |
| POLE VAULT | | XXXXXXXX | | XXXXXXXX |
| SHOT | | | | |
| DISCUS | | | | |
| JAVELIN | | | | |

MEET INFORMATION

1. Upon arrival you must check in your team with the clerk, identifying (highlighting) which athletes are participating in which events. No race day additions, only scratches.
 2. Athletes may compete in both varsity and novice events at this meet, but not in the same event
 3. The pole vault and high jump will be contested as a relay and cards will be at the venue.
 - (a) All competitors are allowed 6 total attempts or 3 missed consecutively
 - (b) A team will be out of the competition if one of the members "no heights"
 - (c) No one may pass more than 2 consecutive times
 - (d) Contestants can't ask the bar to be raised to a height other than the designated increments
 4. HIGH JUMP OPENING HEIGHT: Boy's 5'0" & Girl's 4'0" and will be raised in 2" increments
POLE VAULT OPENING HEIGHT: Boy's 8'0" & Girl's 6'0" and will be raised in 6" increments
 5. All varsity boys D1 & D2 as well as varsity girls D1 & D2 races will be blended. Medals and team scoring will still be on a division basis.
 6. There are 2 venues each for shot put, discus, javelin, and high jump.
 7. ¼" spikes or less may be used. Please supply your own batons.
 8. No headphones of any type are permitted on the track, in any competition area (including the infield), or in the paddock area. Please advise your athletes to leave them behind.
 9. Please instruct your athletes not to use duct tape on any track or jumping surface. Athletic tape is acceptable. Please remove and throw in trash when done.
 10. Please stay off the infield. Only athletes in PV, HJ & LJ may be in those competition areas. Coaches boxes are provided for PV, HJ, & LJ.
AT NO TIME MAY ANYONE BE NEAR THE TIMING TENT.
 11. The thrower's 4x100 relay is exhibition only and won't be used for team scoring. Those athletes competing in this event must be throwing shot put, discus and/or javelin at this meet to be eligible for participation. **Please remember the spirit of this event is to allow those athletes that don't typically run in a meet to compete, it is not for the "stud" who runs on your varsity squad as well as throws.**
 12. Jim Camburn Memorial Buena Relays T-shirts will be available for purchase. 13.
- Concessions will be available.

Jim Camburn Memorial BUENA RELAYS

Track running sequence will be:

(1) boy's varsity (2) girl's varsity (3) boy's novice (4) girl's novice

Order of events:

- 1) 2x400ih --no novice
- 2) 4x100mr
- 3) Distance Medley Relay (1200-400-800-1600) --no novice
- 4) 4x110 (100) shuttle hurdles --no novice
- 5) 4x200mr
- 6) 4x800mr
- 7) Sprint Medley Relay (200-200-400-800)
- 8) Thrower's 4x100mr --no novice
- 9) 4x400mr

| | | | |
|--|--|---|-------------|
| *Pole Vault Relay A (infield) | Girls small & large combined | Boys small | Boys large |
| *High Jump Relay A (home bleacher side) | Boys large | Boys small | JV B |
| *High Jump Relay B (visitor's side) | Girls large | Girls small | JV G |
| Javelin Relay A (closest to high school) | Boys large | JV B | Boys small |
| Javelin Relay B (closest to track) | Girls large | JV G | Girls small |
| Discus Relay A (behind home bleachers) | Boys small | Boys large | JV B |
| Discus Relay B (closest to high jump-on hill) | Girls small | Girls large | JV G |
| Shot Put Relay A (behind scoreboard) | JV B | Boys small | Boys large |
| Shot Put Relay B (closest entrance) | JV G | Girls small | Girls large |
| **Triple Jump Relay (near 100m start outside fence) | Girls small & large Open pit 9:00-10:30 | Boys small & large Open pit 10:45-12:15 | |
| **Long Jump Relay (infield) | Boys small & large Open pit 9:00-10:30 | Girls small & large Open pit 10:45-12:15 | |

All throwing events will be 3 throws each, with no finals.

*Each member of the team will remain active until he/she accumulates 3 consecutive misses or 6 total attempts.

*The combined best height for each contestant counts as total of the team.

*Both contestants must clear a height to be eligible to place. A jumper does not remain active if his/her partner fails to clear a height.

****Open pit times may be adjusted as the field referee sees fit.**