

East End Classic 2025

East Hampton Track and Field Invitational

Saturday, MAY 17th, 2025 (rain or shine)

Location: East Hampton High School

Contact: Yani Cuesta

yanina.cuesta@ehschools.org or call 516-429-7373 (mobile)

Pentathlon Events Start Time: 9:30 AM

Coaches Meeting Saturday: 9:15 AM

First Event Clerking-in: 9:45 AM

Start Time: 10:00 AM

School: _____

School Phone: _____

Address: _____

Coach: _____

Mobile Phone: _____

Athletic Director: _____

AD's Phone: _____

4 Event Rule ∞ Open and Frosh/Soph Heats

Order of Events (Girls → then Boys)

Pentathlon High Hurdles (Girls & Boys)
 100 Meter High Hurdles (Girls)
 110 Meter High Hurdles (Boys)
 1500 Meter Run (Girls)
 1600 Meter Run (Boys)
 400 Intermediate Hurdles
 400 Meter Dash
 100 Meter Dash
 1500 Meter Walk (Girls)
 800 Meter Run
 200 Meter Dash
 3000 Meter Run (Girls)
 3200 Meter Run (Boys)
 4x100 Meter Relay
 4x400 Meter Relay
 4x800 Meter Relay

Field Events (Begin at same time unless noted)

Girls Triple Jump → then Long Jump
 Boys Long Jump → then Triple Jump
 Girls Shot Put → then Discus
 Boys Discus → then Shot Put
 High Jump → Girls then Boys
Girls start at 3'6" **Boys start at 4'6"**
 Pole Vault → Boys then Girls
Girls start at 6' **Boys start at 8'**

- The meet will be timed by EliteFeats
- Athletes must register on MileSplit. Pentathlon and Relays are OPEN section only.
- Medals to top 6 in each individual event & top 4 in each relay.
- An athlete may compete in **any** 4 events.
- Event shirts & food will be sold at the track.
- 1/4 inch pyramid spikes allowed on all runways and track.
- Medals can be picked up at the Press Box at the top of the bleachers.

Entry Due by Wednesday, May 14th, 2025 – Midnight

Number of individual events	_____	x \$10 =	_____	ONE-DAY PENTATHLON
Number of pentathletes/relays	_____	x \$25 =	_____	All Pentathlete's receive shirts!
Blanket entry per team (if less)	\$200	=	_____	Provide Gender and Shirt size
Boys and Girls combined	\$350	=	_____	by April 28th for a perfect fit.
Total Fee			_____	<i>This is an entry fee not a participation fee</i>

HELP US ORDER ENOUGH FOOD, MEDALS & SHIRTS

APPROXIMATE NUMBER OF ATHLETES _____

Please make Checks or Purchase Orders (PO) payable to:

Bonac Booster Club, Inc. (Please include *Girls' Track* in MEMO area)
 C/O Yanina Cuesta
 81 Newtown Lane, Box 153
 East Hampton, NY 11937

Schools will be billed equally for officials.