



AUTISM AWARENESS
Invitational Track Meet
Saturday March 29, 2025
North Shore High School
9:00 AM START



In recognition of Autism Awareness Month:

PROCEEDS WILL GO TO ORGANIZATIONS THAT SUPPORT CHILDREN WITH SPECIAL NEEDS

Cost: \$250 entry AND a portion of the cost of the officials for Nassau County Public Schools (\$500 for combined Girls and Boys teams-UNLIMITED ATHLETES IN ALL EVENTS)

EMAIL: Neal Levy: levyn@northshoreschools.org or cell/text 516 330-4590

Order of Events (GIRLS FOLLOWED BY BOYS)

- 1500M Racewalk (Girls only)
- 400H
- 3000/3200
- Girls 2k Steeple Chase/Boys 3k Steeple Chase
- 100M Semi
- 1500/1600 Shot Put (Boys Followed by Girls)
- 100m Final Discus (Girls Followed by Boys)
- 400m Pole Vault (Boys Followed by Girls)
- 100 HH/110HH (FINAL) High Jump (Girls Followed by Boys)
- 800m Long Jump (Two pits)
- 200 Triple Jump (After Long Jump)
- 4 x 800
- 4 x 100
- 4 x 400

Awards: Medals to the top 6 competitors in each event.
 Medals to the top 4 teams in each relay event

ALL EVENTS MUST BE PRE-SEEDED ON OUR HOME PAGE ON MILESPLIT FOR THIS COMPETITION

We will be using Elitefeats.com timing services

SCHOOL

COACH

CIRCLE ONE: BOYS TEAM GIRLS TEAM BOTH

COACH'S E-MAIL

COACHES CELL:

PAYMENT \$250/\$500 Payable to: NORTH SHORE SCHOOLS
 450 Glen Cove Ave
 Glen Head NY 11545
 Attn: NEAL LEVY