

# Steel Equities Ho Ho Ho 5K Run/Walk

## MASTERS 40-59 Age Graded

### 5K Open

Record Female: 14:44.00

Female Finishers

Record Male: 12:51.00

Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
1	Nancy Tantone	West Islip NY	404	58	F	21:16.67	0.8160	17:21.76	0.8486
2	Cristin Delaney-Guille	Long Beach NY	351	42	F	18:39.57	0.9616	17:56.58	0.8211
3	Kelly Perno-Grosser	Seafood NY	592	43	F	19:19.09	0.9549	18:26.82	0.7987
4	Leah Mark	Lloyd Harbor NY	2753	44	F	19:44.63	0.9476	18:42.56	0.7875
5	Samantha Augeri	Rockville Centre	722	40	F	19:33.99	0.9734	19:02.76	0.7736
6	Kathy Dormer	Williston Park NY	452	53	F	23:01.44	0.8645	19:54.25	0.7402
7	Abigail Athanasopoulos	Oceanside NY	429	43	F	21:29.63	0.9549	20:31.47	0.7178
8	Melissa Frade	Nesconset NY	836	46	F	22:19.58	0.9314	20:47.68	0.7085
9	Erin Blasdel-Gebelin	Kings Park NY	721	41	F	21:42.86	0.9678	21:00.91	0.7011
10	Karen Harte	West Islip NY	170	49	F	23:16.10	0.9034	21:01.24	0.7009
11	Magdalena Alija	Corona NY	673	53	F	24:29.26	0.8645	21:10.18	0.6960
12	Eliana Themistocleous	Melville NY	2788	56	F	25:52.05	0.8354	21:36.58	0.6818
13	Kathy Eng	Fresh Meadows	621	59	F	27:15.64	0.8063	21:58.82	0.6703
14	Carmen Cruz	New Hyde Park NY	455	58	F	27:22.33	0.8160	22:20.14	0.6596
15	Gina Duffy	Plainview NY	747	56	F	26:50.80	0.8354	22:25.66	0.6569
16	Alecia Oleyourryk	Dix Hills NY	44	40	F	23:04.65	0.9734	22:27.82	0.6559
17	Nora Yau	Fresh Meadows	886	48	F	24:45.96	0.9131	22:36.83	0.6515
18	Yamile Forero	Bellmore NY	2764	50	F	25:21.37	0.8937	22:39.65	0.6502
19	Katie Dawber	Sound Beach NY	282	50	F	25:23.67	0.8937	22:41.70	0.6492
20	Kathy Vogel	Hauppauge NY	547	41	F	23:27.49	0.9678	22:42.17	0.6490
21	Andrea Salis	Beechhurst NY	891	47	F	24:44.49	0.9225	22:49.44	0.6455
22	Susan Schmuck	Westbury NY	526	57	F	27:39.51	0.8257	22:50.26	0.6451
23	Lorraine Browne	Lynbrook NY	2783	53	F	26:35.89	0.8645	22:59.65	0.6407
24	Nancy Anderson	Port Jefferson	732	54	F	27:13.11	0.8548	23:15.98	0.6332
25	Linda Armstrong	Floral Park NY	875	55	F	27:35.55	0.8451	23:19.11	0.6318
26	Jacqueline Sobota	Great Neck NY	971	44	F	24:38.32	0.9476	23:20.86	0.6310
27	Patricia lafrate	Islip NY	941	56	F	27:57.65	0.8354	23:21.51	0.6307
28	Maureen	Shoreham NY	746	58	F	29:07.88	0.8160	23:46.27	0.6198
29	Laura Marino	Baldwin NY	833	47	F	25:49.58	0.9225	23:49.49	0.6184
30	Joanne Walker	Stony Brook NY	540	53	F	27:39.20	0.8645	23:54.38	0.6163
31	Judith Brenner	Plainview NY	368	55	F	28:21.71	0.8451	23:58.12	0.6147
32	Denise Hughes	Bohemia NY	346	55	F	28:22.07	0.8451	23:58.42	0.6146
33	Maura Turner	Huntington Station	5	55	F	28:26.58	0.8451	24:02.23	0.6129
34	Melissa Castka	Bellmore NY	645	45	F	25:40.33	0.9398	24:07.60	0.6107
35	Andrea Tedesco	Saint James NY	439	51	F	27:21.43	0.8840	24:11.02	0.6092
36	Dana Mancini	Bethpage NY	13	48	F	26:33.13	0.9131	24:14.69	0.6077
37	Silvia Khurram	Roslyn NY	2794	44	F	25:45.71	0.9476	24:24.71	0.6035
38	Faith Varley	Rockville Centre	40	51	F	27:38.49	0.8840	24:26.11	0.6030
39	Emily McKenna	Rockville Centre	167	45	F	26:03.47	0.9398	24:29.35	0.6016
40	Anne Broderick	Hicksville NY	157	58	F	30:03.57	0.8160	24:31.71	0.6007
41	Ye Lu	Syosset NY	174	48	F	26:59.16	0.9131	24:38.46	0.5979
42	Liz Flahavan	Hicksville NY	119	59	F	30:34.71	0.8063	24:39.33	0.5976
43	Melissa Horowitz	Plainview NY	447	49	F	27:21.35	0.9034	24:42.80	0.5962
44	Kelly Demeri	Massapequa Park	369	44	F	26:10.72	0.9476	24:48.41	0.5939
45	Tiffani Gosline	Amityville NY	826	50	F	27:50.37	0.8937	24:52.81	0.5922
46	Helen Paone	Farmingdale NY	171	45	F	26:29.20	0.9398	24:53.53	0.5919
47	Dana Dipalma	Nesconset NY	641	47	F	27:06.45	0.9225	25:00.40	0.5892
48	Laurie Powers	Miller Place NY	912	57	F	30:19.61	0.8257	25:02.45	0.5884
49	Marie Tortorici	Deer Park NY	591	59	F	31:06.56	0.8063	25:05.01	0.5874
50	April Bodre	Sayville NY	341	42	F	26:13.24	0.9616	25:12.83	0.5843
51	Aimee Welsh	Huntington NY	623	48	F	27:40.52	0.9131	25:16.22	0.5830
52	Elizabeth Maffia	Coram NY	201	59	F	31:23.21	0.8063	25:18.43	0.5822
53	Maria Grieco	Merrick NY	329	45	F	26:56.32	0.9398	25:19.02	0.5820

## Steel Equities Ho Ho Ho 5K Run/Walk

MASTERS 40-59 Age Graded

## 5K Open

Record Female: 14:44.00

Female Finishers

Record Male: 12:51.00

Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
54	Jan Kotowski-Chang	North Bellmore NY	695	49	F	28:08.84	0.9034	25:25.70	0.5794
55	Briana Deangelo James	Northport NY	197	43	F	26:39.32	0.9549	25:27.19	0.5788
56	Jennifer Short	Huntington NY	678	44	F	26:59.62	0.9476	25:34.75	0.5760
57	Doreen McDougall	Ronkonkoma NY	863	59	F	31:47.27	0.8063	25:37.83	0.5748
58	Clare Moran	Smithtown NY	110	47	F	27:50.26	0.9225	25:40.81	0.5737
59	Laurie Silver	Plainview NY	186	40	F	26:26.22	0.9734	25:44.03	0.5725
60	Irena Brobston	Oceanside NY	55	49	F	28:35.40	0.9034	25:49.69	0.5704
61	Dawn Lyons	West Babylon NY	356	54	F	30:24.53	0.8548	25:59.61	0.5668
62	Rosalia Butera	N Massapequa Ny	154	53	F	30:19.64	0.8645	26:13.08	0.5620
63	Kimberly Ferina	Atlantic Beach NY	280	50	F	29:32.96	0.8937	26:24.49	0.5579
64	Jacqueline Cox	Huntington Station	584	58	F	32:23.26	0.8160	26:25.70	0.5575
65	Ling Zhou	Douglasty NY	617	48	F	29:00.81	0.9131	26:29.53	0.5561
66	Eileen Harris	Port Washington	131	52	F	30:26.08	0.8743	26:36.54	0.5537
67	Margaret Dixon	West Islip NY	829	52	F	30:28.74	0.8743	26:38.87	0.5529
68	Heidi Wolpov	Plainview NY	750	56	F	31:55.67	0.8354	26:40.35	0.5524
69	Theresa Juva-Brown	Oakland Gardens	646	40	F	27:25.85	0.9734	26:42.07	0.5518
70	Karyn Shepherd	Stony Brook NY	799	46	F	28:43.38	0.9314	26:45.16	0.5507
71	Angela Morgan	Bethpage NY	598	46	F	28:47.14	0.9314	26:48.66	0.5495
72	Gilda Schultz	Blue Point NY	488	55	F	31:52.12	0.8451	26:55.93	0.5471
73	Elena Taylor	Dix Hills NY	705	44	F	28:37.52	0.9476	27:07.52	0.5432
74	Lauren Hartwig	Massapequa NY	962	45	F	28:53.85	0.9398	27:09.47	0.5425
75	Debbieanne Baione	Holtsville NY	446	45	F	28:55.68	0.9398	27:11.19	0.5419
76	Rachelle Newton	Queens Village NY	876	56	F	32:40.03	0.8354	27:17.41	0.5399
77	Erin Stein	Massapequa NY	740	40	F	28:15.45	0.9734	27:30.35	0.5356
78	Maria Campese	Garden City NY	226	59	F	34:13.09	0.8063	27:35.41	0.5340
79	Brendalis Mercado	Bay Shore NY	822	47	F	29:59.73	0.9225	27:40.25	0.5324
80	Jennifer Vargas	Commack NY	68	43	F	29:02.47	0.9549	27:43.88	0.5313
81	Karen Rothschild	Williston Park NY	307	57	F	33:42.25	0.8257	27:49.77	0.5294
82	Yin Hou	Great Neck NY	867	52	F	31:52.82	0.8743	27:52.38	0.5286
83	Karine McGuinness	Garden City NY	436	48	F	30:37.52	0.9131	27:57.84	0.5269
84	Harriet Sauer	Central Islip NY	148	58	F	34:17.10	0.8160	27:58.59	0.5266
85	Jessie Desmond	Levittown NY	456	45	F	29:49.70	0.9398	28:01.96	0.5256
86	Maria Bradley	Bethpage NY	642	57	F	34:11.23	0.8257	28:13.70	0.5219
87	Brenda Allen	Dix Hills NY	700	59	F	35:22.86	0.8063	28:31.66	0.5165
88	Joann Molino	Commack NY	434	46	F	30:39.80	0.9314	28:33.59	0.5159
89	Karen Wontrobski	East Setauket NY	200	55	F	33:50.31	0.8451	28:35.81	0.5152
90	Mara Damico	West Islip NY	406	44	F	30:10.66	0.9476	28:35.78	0.5152
91	Patricia Rosso	Manasset NY	853	55	F	33:50.78	0.8451	28:36.21	0.5151
92	Jacqui Koplik	Wantagh NY	760	57	F	34:43.89	0.8257	28:40.67	0.5138
93	Jen Misthal	New York NY	284	40	F	29:39.10	0.9734	28:51.78	0.5105
94	Wendy Disilvestro	Smithtown NY	397	55	F	34:09.57	0.8451	28:52.09	0.5104
95	Illysa Ortsman	Plainview NY	942	55	F	34:22.15	0.8451	29:02.72	0.5073
96	Stacy Baker Zainule	Franklin Square	585	49	F	32:11.44	0.9034	29:04.86	0.5066
97	Amy Gruenhut	New York NY	593	44	F	30:41.90	0.9476	29:05.38	0.5065
98	Jeanna Lambert	Hicksville NY	2782	47	F	31:34.98	0.9225	29:08.12	0.5057
99	Michelle Hupe	Seaford NY	135	43	F	30:31.28	0.9549	29:08.69	0.5055
100	Stacey Mooney	Brightwaters NY	130	43	F	30:32.96	0.9549	29:10.29	0.5051
101	Sharon Post	Mastic Beach NY	539	48	F	32:10.44	0.9131	29:22.68	0.5015
102	Amy Friel	Seaford NY	343	46	F	31:37.46	0.9314	29:27.29	0.5002
103	Debra Madden	Great River NY	64	55	F	34:53.53	0.8451	29:29.24	0.4996
104	Laura Laneve	Bethpage NY	158	43	F	30:53.15	0.9549	29:29.57	0.4996
105	Jacqueline Fagan	Long Beach NY	759	56	F	35:20.67	0.8354	29:31.61	0.4990
106	Jennifer Rueb	West Islip NY	710	49	F	32:44.33	0.9034	29:34.58	0.4981

## Steel Equities Ho Ho Ho 5K Run/Walk

MASTERS 40-59 Age Graded

## 5K Open

Record Female: 14:44.00

Female Finishers

Record Male: 12:51.00

Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
107	Allison Engstrom	Sound Beach NY	199	46	F	31:51.44	0.9314	29:40.32	0.4965
108	Diana Lopez	Farmingdale NY	457	46	F	31:57.84	0.9314	29:46.28	0.4949
109	Kristine Lonetto	Hauppauge NY	465	44	F	31:26.84	0.9476	29:47.97	0.4944
110	Maureen Failla	Massapequa NY	655	49	F	32:59.69	0.9034	29:48.45	0.4943
111	Colleen Gardner	Farmingdale NY	97	46	F	32:00.40	0.9314	29:48.66	0.4942
112	Melinda Goldstein	Long Beach NY	236	49	F	33:03.93	0.9034	29:52.28	0.4932
113	Margaret Puccio	Halesite NY	52	55	F	35:22.26	0.8451	29:53.52	0.4929
114	Alicia Cobb	Bayport NY	270	53	F	34:37.73	0.8645	29:56.20	0.4922
115	Margot Ludlam	Long Beach NY	866	53	F	34:46.46	0.8645	30:03.74	0.4901
116	Nancy Chiu	Fresh Meadows	851	59	F	37:28.63	0.8063	30:13.07	0.4876
117	Bernadette Tretola	Bay Shore NY	103	49	F	33:33.32	0.9034	30:18.83	0.4860
118	Tracey Derose	Huntington NY	246	43	F	32:00.04	0.9549	30:33.45	0.4822
119	Suzanne Finan	Bay Shore NY	326	53	F	35:23.78	0.8645	30:36.01	0.4815
120	Michele Ferraro	Bethpage NY	139	51	F	34:47.93	0.8840	30:45.73	0.4789
121	Deborah Kane	Levittown NY	426	56	F	36:53.62	0.8354	30:49.26	0.4780
122	Cindy Drenckhahn	North Bellmore NY	7	52	F	35:22.64	0.8743	30:55.82	0.4763
123	Kimberly Guerici	Roslyn NY	669	58	F	38:05.40	0.8160	31:04.89	0.4740
124	Theresa Canty	Commack NY	949	52	F	35:41.94	0.8743	31:12.70	0.4720
125	Tracy Dehayes	Islip Terrace NY	502	40	F	32:04.48	0.9734	31:13.29	0.4719
126	Jacqueline Erickson	North Bellmore NY	56	49	F	34:57.30	0.9034	31:34.70	0.4666
127	Darlene Raptis	Massapequa Park	203	49	F	35:05.44	0.9034	31:42.05	0.4648
128	Angela Manzo	Dix Hills NY	950	43	F	33:16.74	0.9549	31:46.69	0.4636
129	Christine Camardella	Levittown NY	504	55	F	37:44.77	0.8451	31:53.96	0.4619
130	Terri Monteagudo	Massapequa Park	288	57	F	38:38.48	0.8257	31:54.37	0.4618
131	Tina Chin	Smithtown NY	463	52	F	36:29.89	0.8743	31:54.62	0.4617
132	Danielle Clukies	Freeport NY	608	49	F	35:19.72	0.9034	31:54.96	0.4616
133	Jennifer Chopra	Plainview NY	478	47	F	34:39.78	0.9225	31:58.60	0.4608
134	Erin Ginocchio	East Rockaway NY	914	43	F	33:31.99	0.9549	32:01.25	0.4601
135	Karen Wild	Long Beach NY	442	57	F	38:53.70	0.8257	32:06.94	0.4588
136	Carol Sloane	Lindenhurst NY	230	57	F	39:03.66	0.8257	32:15.16	0.4568
137	Kate Bongiorno	Brentwood NY	845	48	F	35:26.28	0.9131	32:21.51	0.4553
138	Nilla Park	Great Neck NY	99	53	F	37:31.48	0.8645	32:26.40	0.4542
139	Laura Vegas	East Meadow NY	67	56	F	38:57.82	0.8354	32:33.01	0.4526
140	Vicki Trinagel	Dix Hills NY	471	52	F	37:22.62	0.8743	32:40.72	0.4509
141	Jackie Olmsted	11758 NY	63	53	F	38:57.38	0.8645	33:40.67	0.4375
142	Kimberly T Duchow	Lindenhurst NY	473	49	F	37:20.35	0.9034	33:43.93	0.4368
143	Jennifer Coniglio	East Northport NY	149	41	F	34:53.10	0.9678	33:45.70	0.4364
144	Angela Williams-Hunte	Elmont NY	846	53	F	39:07.01	0.8645	33:48.99	0.4357
145	Jean Marie Toy	Rockville Centre	190	58	F	41:51.27	0.8160	34:09.20	0.4314
146	Karen Krall	Ronkonkoma NY	2775	45	F	36:30.49	0.9398	34:18.62	0.4294
147	Deborah Young	Amityville NY	91	53	F	39:46.11	0.8645	34:22.79	0.4285
148	Christine Snyder	Centereach NY	804	49	F	38:06.06	0.9034	34:25.23	0.4280
149	Cathy Campisi	Holbrook NY	472	47	F	37:21.92	0.9225	34:28.17	0.4274
150	Cristina Carpluk	Great River NY	65	52	F	39:29.07	0.8743	34:31.28	0.4268
151	Heather Softy	Bethpage NY	340	41	F	35:42.46	0.9678	34:33.47	0.4263
152	Tracey McIntyre	Plainview NY	2790	44	F	36:53.89	0.9476	34:57.88	0.4214
153	Jennifer Minicozzi	Oyster Bay NY	70	50	F	39:19.89	0.8937	35:09.03	0.4191
154	Jennifer Chabus	Long Beach NY	180	50	F	39:46.01	0.8937	35:32.38	0.4146
155	Lindsay Tito	East Setauket NY	807	41	F	36:44.93	0.9678	35:33.93	0.4143
156	Rebecca Schwartz	Port Washington	783	49	F	39:37.67	0.9034	35:47.99	0.4115
157	Tamara Gordon-Ferguson	West Islip NY	5705	52	F	41:23.06	0.8743	36:10.94	0.4072
158	Tricia Piskopus	Wantagh NY	570	44	F	38:19.19	0.9476	36:18.71	0.4057
159	Laura Davis	St. James NY	792	47	F	39:29.01	0.9225	36:25.41	0.4045

# Steel Equities Ho Ho Ho 5K Run/Walk

## MASTERS 40-59 Age Graded

Race Date  
December 16, 2023

### 5K Open

**Record Female: 14:44.00**

### Female Finishers

**Record Male: 12:51.00**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Actual Time</u>	<u>Factor</u>	<u>Net Time</u>	<u>Percent</u>
160	Annamarie Favarolo	West Islip NY	49	58	F	44:42.99	0.8160	36:29.32	0.4038
161	Stella Mendes	Plainview NY	221	53	F	42:18.06	0.8645	36:34.15	0.4029
162	Vanessa Constantatos	Dix Hills NY	842	42	F	38:07.89	0.9616	36:40.04	0.4018
163	Elizabeth Silva	Levittown NY	163	43	F	38:26.75	0.9549	36:42.72	0.4013
164	Amy Muenzen	Massapequa NY	239	43	F	38:28.17	0.9549	36:44.07	0.4011
165	Rebecca Russell	Baldwin NY	376	52	F	42:02.71	0.8743	36:45.61	0.4008
166	Kimberly Schutte	Lake Grove NY	423	50	F	41:17.76	0.8937	36:54.37	0.3992
167	Kelly Rhatigan	Merrick NY	111	50	F	41:32.62	0.8937	37:07.65	0.3968
168	Viviana McNamee	Old Bethpage NY	250	54	F	43:42.33	0.8548	37:21.57	0.3944
169	Tara Hofmayer	Merrick NY	480	48	F	41:02.23	0.9131	37:28.26	0.3932
170	Amanda Strong	Patchogue NY	618	40	F	38:50.99	0.9734	37:48.99	0.3896
171	Courtney Murphy	Plainview NY	98	47	F	41:14.05	0.9225	38:02.31	0.3873
172	Jess Dicarlo	Seaford NY	2797	53	F	44:11.63	0.8645	38:12.33	0.3856
173	Kathleen Gillen	Nesconset NY	474	49	F	42:25.35	0.9034	38:19.47	0.3844
174	Joanne Todtfeld	Massapequa NY	161	52	F	44:13.37	0.8743	38:39.84	0.3811
175	Joan Talty	Mineola NY	976	53	F	45:20.62	0.8645	39:11.98	0.3759
176	Lori Innamorata	N Merrick NY	744	53	F	45:44.53	0.8645	39:32.65	0.3726
177	Jennifer Callery	North Bellmore NY	141	52	F	45:20.87	0.8743	39:38.86	0.3716
178	Leeann McMulkin	Ronkonkoma NY	265	49	F	44:40.96	0.9034	40:21.98	0.3650
179	Janeth Kennedy	Levittown NY	522	52	F	46:50.35	0.8743	40:57.09	0.3598
180	Truc Labarca	Hicksville NY	512	51	F	47:02.09	0.8840	41:34.73	0.3543
181	Marisa Recine	Farmingdale NY	381	48	F	45:48.71	0.9131	41:49.85	0.3522
182	Lisa Nuzzi	Bethpage NY	8	41	F	43:29.42	0.9678	42:05.40	0.3500
183	Robin Blosser	Greenlawn NY	42	57	F	51:01.43	0.8257	42:07.82	0.3497
184	Sophia Giambrone	Bayshore NY	253	52	F	48:19.38	0.8743	42:14.93	0.3487
185	Janette Pellegrini	West Hempstead	229	47	F	46:12.57	0.9225	42:37.70	0.3456
186	Lorraine Daly	Bethpage NY	579	55	F	50:59.64	0.8451	43:05.70	0.3419
187	Donna Rivera	Bethpage NY	860	50	F	48:18.21	0.8937	43:10.13	0.3413
188	Darlene Aguilar	Bethpage NY	578	54	F	50:55.50	0.8548	43:31.84	0.3385
189	Nancy Nowak	Mineola NY	147	55	F	51:33.67	0.8451	43:34.46	0.3381
190	Samantha Jones	East Northport NY	800	43	F	45:55.46	0.9549	43:51.19	0.3360
191	Judi Nichols	Plainview NY	271	56	F	52:30.97	0.8354	43:52.32	0.3358
192	Jennifer Andersen	Bloomingtondale NJ	909	40	F	45:08.54	0.9734	43:56.49	0.3353
193	Christine Comba	Bay Shore NY	658	40	F	45:21.40	0.9734	44:09.01	0.3337
194	Jennifer Simpson	Hempstead NY	631	50	F	50:27.67	0.8937	45:05.83	0.3267
195	Tara Trimarco	Bethpage NY	498	48	F	49:53.90	0.9131	45:33.73	0.3234
196	Lori Cruz	Bethpage NY	751	44	F	48:18.00	0.9476	45:46.14	0.3219
197	Sue Geoghan	Mineola NY	232	50	F	51:32.30	0.8937	46:03.59	0.3199
198	Sandra Blonder	Bethpage NY	519	46	F	50:17.63	0.9314	46:50.62	0.3145
199	Kathleen Provoncha	Bethpage NY	241	51	F	53:19.14	0.8840	47:08.04	0.3126
200	Kelly Dinoia	Lynbrook NY	43	46	F	51:00.79	0.9314	47:30.82	0.3101
201	Richelle Dalbey	Lindenhurst NY	192	53	F	55:49.76	0.8645	48:15.87	0.3053
202	Rachel Gallagher	East Northport NY	449	50	F	54:04.35	0.8937	48:19.48	0.3049
203	Eileen Walter	Bethpage NY	966	56	F	58:35.88	0.8354	48:57.17	0.3010
204	Ubi Garcés	Uniondale NY	275	56	F	59:13.22	0.8354	49:28.36	0.2978
205	Tina Cush	Dix Hills NY	953	45	F	52:46.97	0.9398	49:36.32	0.2970
206	Kristen Hirsch	Bethpage NY	936	43	F	54:44.42	0.9549	52:16.29	0.2819
207	Dawn Ferruggiari	West Islip NY	235	58	F	1:05:15.1	0.8160	53:14.73	0.2767
208	Allison Gruberger	Melville NY	150	51	F	1:02:03.3	0.8840	54:51.42	0.2686
209	Cristina Brennan	East Williston NY	506	49	F	1:01:33.4	0.9034	55:36.70	0.2649
210	Danielle Mammolito	27 Joan Lane NY	2762	48	F	1:01:33.0	0.9131	56:12.13	0.2621
211	Katy Gilroy	Williston Park NY	400	44	F	1:05:38.1	0.9476	1:02:11.82	0.2369

## Steel Equities Ho Ho Ho 5K Run/Walk

MASTERS 40-59 Age Graded

## 5K Open

Record Female: 14:44.00

Male Finishers

Record Male: 12:51.00

Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
1	Boyd Carrington	Amityville NY	967	51	M	17:24.74	0.8726	15:11.64	0.8457
2	Glenn Sam Lostritto	Bethpage NY	964	56	M	19:18.69	0.8376	16:10.52	0.7944
3	Joe Lynch	Merrick NY	869	44	M	18:15.91	0.9216	16:49.99	0.7634
4	Ryan Fee	Sayville NY	398	44	M	18:16.41	0.9216	16:50.45	0.7630
5	Ricardo Aguirre	Locust Valley NY	856	49	M	19:07.79	0.8866	16:57.63	0.7576
6	Mike Dwyer	West Islip NY	169	53	M	20:14.17	0.8586	17:22.49	0.7396
7	Christopher Hirsch	Bethpage NY	47	44	M	18:54.90	0.9216	17:25.92	0.7371
8	Kevin Bartolotto	Bayville NY	568	40	M	18:24.87	0.9496	17:29.18	0.7349
9	Kieran Gibbons	Northport NY	553	59	M	21:25.15	0.8166	17:29.45	0.7347
10	David Yu	Syosset NY	719	55	M	20:56.81	0.8446	17:41.50	0.7263
11	Kevin Hegarty	Garden City NY	2800	49	M	19:57.43	0.8866	17:41.64	0.7262
12	Jaime Matamoros	Corona NY	672	56	M	21:26.83	0.8376	17:57.85	0.7153
13	Suchanh Alex Chung	Jericho NY	771	48	M	20:19.62	0.8936	18:09.85	0.7074
14	Danny Van Pelt	Wantagh NY	723	51	M	20:49.34	0.8726	18:10.17	0.7072
15	Stephen Smouha	Woodbury NY	857	58	M	22:27.80	0.8236	18:30.05	0.6946
16	Evan Bender	Tarrytown NY	583	58	M	22:36.64	0.8236	18:37.33	0.6900
17	Cormac Molloy	Massapequa Park	640	58	M	22:36.80	0.8236	18:37.46	0.6900
18	Billy Brereton	Northport NY	433	53	M	21:55.81	0.8586	18:49.75	0.6824
19	Matthew Scott	Carle Place NY	788	40	M	19:51.97	0.9496	18:51.89	0.6812
20	Mark Ginocchio	East Rockaway NY	913	42	M	20:11.95	0.9356	18:53.90	0.6800
21	Chris Ezzo	Long Beach NY	627	58	M	23:00.68	0.8236	18:57.13	0.6780
22	David Van Pelt	Bayside NY	843	48	M	21:12.76	0.8936	18:57.34	0.6779
23	Conor Molloy	Freeport NY	159	44	M	20:38.66	0.9216	19:01.55	0.6754
24	Eric Friedman	Merrick NY	687	58	M	23:20.07	0.8236	19:13.10	0.6686
25	Kevin Weldon	Medford NY	532	44	M	20:54.64	0.9216	19:16.28	0.6668
26	Christopher Rueb	West Islip NY	709	50	M	22:30.80	0.8796	19:48.16	0.6489
27	Eric Bruno	Shirley NY	938	54	M	23:48.75	0.8516	20:16.72	0.6337
28	Gregory Waxman	Malverne NY	943	41	M	21:30.96	0.9426	20:16.86	0.6336
29	Scott Hall	Merrick NY	957	54	M	23:49.37	0.8516	20:17.25	0.6334
30	Matt Dawber	Sound Beach NY	283	45	M	22:20.23	0.9146	20:25.77	0.6290
31	John Reynolds	Garden City NY	968	57	M	24:54.52	0.8306	20:41.35	0.6211
32	Daniel Hartmann	Bellport NY	365	45	M	22:40.68	0.9146	20:44.48	0.6195
33	Run Chen	Syosset NY	633	42	M	22:18.26	0.9356	20:52.08	0.6158
34	Ken Larossa	West Islip NY	850	54	M	24:31.02	0.8516	20:52.72	0.6155
35	Zhijun Lou	Syosset NY	614	54	M	24:50.50	0.8516	21:09.31	0.6074
36	Matthew Conroy	Melville NY	2789	54	M	24:52.20	0.8516	21:10.76	0.6067
37	Barry Post	Mastic Beach NY	538	48	M	23:48.64	0.8936	21:16.63	0.6039
38	Venice Naidoo	Floral Park NY	430	52	M	24:39.69	0.8656	21:20.82	0.6020
39	Marc Kornheiser	Queens NY	825	55	M	25:26.62	0.8446	21:29.38	0.5980
40	Jim Sommer	Massapequa NY	441	59	M	26:26.93	0.8166	21:35.89	0.5950
41	Rick Dalton	Port Washington	348	43	M	23:22.71	0.9286	21:42.56	0.5919
42	John Antinora	Hicksville NY	178	58	M	26:25.19	0.8236	21:45.56	0.5906
43	Bob Debenedittis	East Norwich NY	852	59	M	26:40.42	0.8166	21:46.90	0.5899
44	Mark Pace	Huntington Station	546	50	M	24:53.84	0.8796	21:53.98	0.5868
45	Dennis McKeefery	Long Beach NY	2792	44	M	23:46.98	0.9216	21:55.10	0.5863
46	Jose Lijo	Brooklyn NY	890	50	M	24:56.43	0.8796	21:56.26	0.5858
47	Aaron Lieberman	Old Bethpage NY	293	59	M	26:56.56	0.8166	22:00.08	0.5841
48	Miguel E Cabrera	Great Neck NY	412	40	M	23:19.02	0.9496	22:08.51	0.5803
49	Sam Gaccione	Manhasset NY	556	59	M	27:09.84	0.8166	22:10.93	0.5793
50	Christopher Hunt	Farmingdale NY	173	54	M	26:05.10	0.8516	22:12.84	0.5785
51	Michael McMillin	Massapequa Park	729	53	M	25:57.37	0.8586	22:17.16	0.5766
52	Jason Burns	Bethpage NY	632	43	M	24:07.75	0.9286	22:24.38	0.5735
53	Glenn Lostritto	Bethpage NY	963	56	M	26:45.50	0.8376	22:24.77	0.5733

## Steel Equities Ho Ho Ho 5K Run/Walk

MASTERS 40-59 Age Graded

Race Date  
December 16, 2023

## 5K Open

Record Female: 14:44.00

## Male Finishers

Record Male: 12:51.00

Place	Name	City	Bib No	Age	Gend	Actual Time	Factor	Net Time	Percent
54	Richard Blackmore	Patchogue NY	363	56	M	27:02.87	0.8376	22:39.32	0.5672
55	Roger Wooster	Huntington NY	15	59	M	28:05.22	0.8166	22:56.15	0.5603
56	George Biegner	Medford NY	264	55	M	27:13.41	0.8446	22:59.58	0.5589
57	Brian Holtje	Hauppauge NY	464	54	M	26:59.75	0.8516	22:59.38	0.5589
58	Marc Berman	Port Washington	965	52	M	26:38.42	0.8656	23:03.59	0.5572
59	Craig Lerman	Plainview NY	233	51	M	26:26.07	0.8726	23:04.00	0.5571
60	Rob Miller	Wantagh NY	214	43	M	25:04.92	0.9286	23:17.47	0.5517
61	Michael Beckerman	Brightwaters NY	823	50	M	26:32.96	0.8796	23:21.17	0.5503
62	Mike Vulpis	Richard Ave NY	2793	56	M	28:01.60	0.8376	23:28.51	0.5474
63	Christopher Boundy	Coram NY	317	44	M	25:40.94	0.9216	23:40.13	0.5429
64	Steve Rossi	Hauppauge NY	899	43	M	25:35.88	0.9286	23:46.22	0.5406
65	Mark Cichon	Port Washington	73	53	M	27:41.63	0.8586	23:46.68	0.5404
66	Donald Lyons	West Babylon NY	17	54	M	28:00.79	0.8516	23:51.36	0.5386
67	Dan Fredericks	Bethpage NY	66	49	M	27:00.99	0.8866	23:57.17	0.5365
68	David Callery	North Bellmore NY	140	59	M	29:22.33	0.8166	23:59.12	0.5357
69	Marc Temkin	NY	5728	56	M	28:48.13	0.8376	24:07.48	0.5326
70	Jeffrey Odin	Merrick NY	450	51	M	27:42.48	0.8726	24:10.68	0.5315
71	Bill Allen	Dix Hills NY	699	59	M	29:39.26	0.8166	24:12.94	0.5306
72	Joe Koplik	Wantagh NY	761	55	M	28:47.60	0.8446	24:19.13	0.5284
73	Aankur Bhatia		5714	51	M	28:03.86	0.8726	24:29.34	0.5247
74	Michael Broderick	Hicksville NY	156	59	M	30:04.56	0.8166	24:33.60	0.5232
75	Danny Rievizzo	Huntington NY	2751	58	M	29:51.86	0.8236	24:35.78	0.5224
76	Ronald Torres	Levittown NY	115	58	M	29:56.03	0.8236	24:39.21	0.5212
77	Gavin Silver	Plainview NY	185	41	M	26:18.16	0.9426	24:47.57	0.5183
78	Mike Perinelli	NY	5710	49	M	28:03.54	0.8866	24:52.63	0.5165
79	Michael Mandolese	Bethpage NY	910	54	M	29:19.60	0.8516	24:58.48	0.5145
80	Steven Savino	Bayville NY	561	58	M	30:37.16	0.8236	25:13.08	0.5096
81	Darren Bell	Bethpage NY	2776	40	M	26:33.67	0.9496	25:13.35	0.5095
82	Steve Dougherty	Glen Cove NY	2784	57	M	30:26.94	0.8306	25:17.46	0.5081
83	Wayne White	Huntington NY	470	58	M	30:45.48	0.8236	25:19.94	0.5073
84	Brian Messemer	Westbury NY	606	41	M	27:07.12	0.9426	25:33.72	0.5027
85	Hector Ramirez	Oakland Gardens	612	56	M	30:41.05	0.8376	25:42.06	0.5000
86	Craig Morgan	Bethpage NY	597	48	M	28:46.28	0.8936	25:42.60	0.4998
87	Brett Harris	Port Washington	132	55	M	30:27.05	0.8446	25:43.13	0.4996
88	Peter Talty	Mineola NY	979	59	M	31:55.56	0.8166	26:04.25	0.4929
89	Tom McGillicuddy	Glen Head NY	209	57	M	31:26.32	0.8306	26:06.78	0.4921
90	Louis Velez	Bayside NY	266	56	M	31:15.49	0.8376	26:10.91	0.4908
91	Eric Galantini	Bethpage NY	484	50	M	29:55.38	0.8796	26:19.22	0.4882
92	Steven MacRi	Deer Park NY	666	55	M	31:18.36	0.8446	26:26.46	0.4860
93	Anthony Cavallaro	Port Washington	126	59	M	32:30.40	0.8166	26:32.70	0.4841
94	Craig Failla	Massapequa NY	654	46	M	29:38.48	0.9076	26:54.15	0.4777
95	Emanuel Constantatos	Dix Hills NY	838	55	M	31:56.25	0.8446	26:58.46	0.4764
96	Keith Baudo	Bethpage NY	224	45	M	29:33.48	0.9146	27:02.02	0.4753
97	Keith Harrison	Bethpage NY	789	47	M	30:08.33	0.9006	27:08.58	0.4734
98	Andrew Schwartz	Port Washington	492	48	M	30:40.69	0.8936	27:24.84	0.4687
99	Armando Canal	Levittown NY	462	56	M	32:52.63	0.8376	27:32.27	0.4666
100	Joel Richardson	Huntington NY	677	45	M	30:14.79	0.9146	27:39.81	0.4645
101	Steve Frankle	Bethpage NY	69	48	M	30:57.74	0.8936	27:40.08	0.4644
102	Joshua Cohen	East Norwich NY	324	40	M	29:08.80	0.9496	27:40.66	0.4643
103	Richard Afanador	Garden City NY	647	53	M	32:20.02	0.8586	27:45.70	0.4629
104	Derrence Randall	NY	5708	50	M	31:41.53	0.8796	27:52.59	0.4610
105	Raymond Van Nostrand	Ardsley NY	491	45	M	30:31.83	0.9146	27:55.39	0.4602
106	Matt Tito	East Setauket NY	805	44	M	30:18.01	0.9216	27:55.48	0.4602

Race Date  
December 16, 2023

Steel Equities Ho Ho Ho 5K Run/Walk  
MASTERS 40-59 Age Graded

5K Open

Record Female: 14:44.00

Male Finishers

Record Male: 12:51.00

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Actual Time</u>	<u>Factor</u>	<u>Net Time</u>	<u>Percent</u>
107	Frank Siblano	Bethpage NY	702	57	M	34:10.09	0.8306	28:22.80	0.4528
108	Robert Smith	Northport NY	345	55	M	34:03.46	0.8446	28:45.91	0.4467
109	Joseph Rothschild	Williston Park NY	308	54	M	33:59.40	0.8516	28:56.75	0.4439
110	Joe Debello	St. James NY	889	48	M	32:48.65	0.8936	29:19.19	0.4383
111	Steve Mantell	Northport NY	374	50	M	33:41.92	0.8796	29:38.48	0.4335
112	Warner Frey	East Northport NY	918	52	M	34:25.26	0.8656	29:47.69	0.4313
113	William Provoncha	Bethpage NY	240	52	M	34:41.28	0.8656	30:01.56	0.4280
114	Ken Olson	Seaford NY	399	53	M	35:05.29	0.8586	30:07.60	0.4265
115	John Kane	Levittown NY	427	55	M	36:53.60	0.8446	31:09.61	0.4124
116	Howie Brody	Plainview NY	895	44	M	34:01.70	0.9216	31:21.63	0.4098
117	James D'Amore	North Massapequa	218	47	M	35:26.74	0.9006	31:55.34	0.4025
118	Matthew M Manner	Huntington Station	364	59	M	39:52.66	0.8166	32:33.85	0.3946
119	Joseph Minicozzi	Oyster Bay NY	71	58	M	39:54.50	0.8236	32:52.11	0.3910
120	Sean Christensen	Bethpage NY	51	46	M	36:26.19	0.9076	33:04.19	0.3886
121	James Barile	Brightwaters NY	387	42	M	35:25.34	0.9356	33:08.47	0.3877
122	Jahi Simms	Jamaica NY	5712	43	M	36:01.58	0.9286	33:27.24	0.3841
123	Adam Small	Merrick NY	541	53	M	39:21.26	0.8586	33:47.38	0.3803
124	Robert Wertheimer	Long Beach NY	179	54	M	39:46.51	0.8516	33:52.35	0.3794
125	Donald Cooke	Seaford NY	880	52	M	39:45.73	0.8656	34:25.09	0.3733
126	Herbert Brown	East Islip NY	247	41	M	37:09.24	0.9426	35:01.28	0.3669
127	Paul Mendes	Plainview NY	219	57	M	42:16.62	0.8306	35:06.92	0.3659
128	Mike Larkin	Bethpage NY	970	42	M	38:24.53	0.9356	35:56.12	0.3576
129	Peter Labarca	Hicksville NY	514	47	M	40:29.46	0.9006	36:27.97	0.3524
130	Keith Dipolito	Baldwin NY	2759	44	M	41:01.00	0.9216	37:48.06	0.3399
131	Bryan Berg	Hicksville NY	482	42	M	44:04.17	0.9356	41:13.89	0.3117
132	Frank Paone	Farmingdale NY	902	55	M	48:54.24	0.8446	41:18.26	0.3111
133	Richard Krupka	Bethpage NY	312	52	M	48:42.01	0.8656	42:09.29	0.3048
134	Frederick Benlein	Farmingdale NY	959	59	M	54:06.93	0.8166	44:11.44	0.2908
135	Joe Digaetano	Lindenhurst NY	509	52	M	52:45.44	0.8656	45:40.00	0.2814
136	Michael Kennedy	Brentwood NY	16	50	M	52:28.78	0.8796	46:09.67	0.2784
137	Kevin Diveglio	NY	5707	44	M	53:15.42	0.9216	49:04.90	0.2618
138	Paul Ginocchio	Lynbrook NY	342	47	M	55:13.41	0.9006	49:44.06	0.2584
139	Andrew Dalbey	Lindenhurst NY	193	47	M	55:57.97	0.9006	50:24.19	0.2549
140	George Rusinak	Melville NY	228	42	M	54:06.28	0.9356	50:37.22	0.2539
141	Safraz Zainule	Franklin Square	586	46	M	56:37.72	0.9076	51:23.77	0.2500
142	Matthew Resnick	Fresh Meadows	194	50	M	59:18.99	0.8796	52:10.49	0.2463
143	Matt Gruberger	Melville NY	151	50	M	1:01:34.8	0.8796	54:09.97	0.2372