



Thursday. July 4, 2019

8:30AM 4 Miler / 8AM 1 Mile Youth Run Rain or Shine in Bellmore NY



Park in the railroad lot! FINISH on Grand Ave. **Please; do not park on the race course!**

Bib Pickup & Day of Registration:

July 4th pick up numbers & T-TOPS at the **FINISH** area on Grand Ave. before 8am

QUESTIONS For more information about the race, visit BellmoreStriders.com

\$25 on Race Day for all | Age 70+ FREE (they earned it!)

\$12 1 Mile Youth Run

LIVE Online/Email/Text Results and FREE Video & Same-Day finish line pics

Find Misc Photos on Facebook [@elitefeats](https://www.facebook.com/elitefeats)

PLEASE WEAR YOUR BIB ON THE FRONT OF YOUR SHIRT!