

Race Date
May 15, 2019

Opening Night 5K LIRRC

Age Group Results

5K Open

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grainne Josaphat	Bethpage NY	54	1845	20	22:37.55	7:17/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Demagistris	Roslyn Heights NY	18	1836	1	17:39.09	5:41/M

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5K Open

Female 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shannon Pulis	West Hempstead NY	11	1850	47	26:39.47	8:35/M
2	Kelly Pulis	West Hempstead NY	10	1849	71	29:18.34	9:26/M
3	Dakota Yutesler	Syosset NY	7	1827	106	34:16.85	11:02/M

Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hopkins Aidan	Franklin Square NY	9	9195	7	20:50.66	6:42/M
2	Jacob D'Amico	Wantagh NY	10	7	42	25:48.14	8:18/M
3	Bruce Cabrera	Fresh Meadows NY	10	1494	44	26:01.17	8:22/M
4	Valentin Gonzalez	Westbury NY	12	9956	72	29:22.42	9:27/M
5	Matthew D'Amico	Wantagh NY	10	9	74	29:31.47	9:30/M
6	Ryan Reinhart	Long Beach NY	8	9959	132	44:41.58	14:23/M
7	Logan Heavey	Long Beach NY	8	9958	133	46:24.36	14:56/M

Female 13 to 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caleigh Hopkins	Franklin Square NY	13	8038	26	23:25.76	7:32/M
2	Grace Bridges	Williston Park NY	15	9936	124	38:24.67	12:22/M

Male 13 to 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Andrews	Freeport NY	13	2	2	19:13.73	6:11/M
2	James Hopkins	Franklin Sq NY	15	8039	13	21:42.56	6:59/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kaitlyn McDonough	Levittown NY	20	9933	127	41:45.48	13:26/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julian Franz		20	9964	4	19:39.25	6:19/M
2	Evan Greenberg	Syosset NY	23	1840	21	22:49.07	7:21/M
3	Jose Zavala	Hempstead NY	24	7450	32	24:20.26	7:50/M

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5K Open

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Survilla Nicole	Wantagh NY	26	9927	92	31:26.77	10:07/M
2	Kristen Bernard	Baldwin NY	25	4	122	37:50.75	12:11/M
3	Michelle Devito		29	9968	123	37:51.92	12:11/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Stone Jr	Queens Village NY	25	9931	24	23:13.82	7:28/M
2	Peter Briguglio	Massapequa NY	27	1831	25	23:17.52	7:30/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Bonanni	Selden NY	32	8042	30	23:58.52	7:43/M
2	Michelle Hyers	Hicksville NY	34	1837	43	25:54.44	8:20/M
3	Katherine Barillas	Port Washington NY	30	3	50	26:52.30	8:39/M
4	Patty O'Leary	Huntington Station NY	32	9951	57	27:37.88	8:53/M
5	Leah Fisch	Hicksville NY	33	9966	89	30:51.19	9:56/M
6	Amanda Uster	Rockville Centre NY	32	9965	94	31:39.61	10:11/M
7	Mirel Fisch	Jericho NY	31	9967	121	37:44.54	12:09/M
8	Delmy Urbina	Hempstead NY	33	8043	126	40:46.32	13:07/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Meyer	Central Islip NY	34	9084	3	19:35.11	6:18/M
2	Mike Burd	Levittown NY	33	1844	5	20:17.92	6:32/M
3	Daniel Harvey	Glen Head NY	34	996	6	20:43.12	6:40/M
4	Tyler Lauer	Levittown NY	30	1843	9	20:57.70	6:45/M
5	Jonathan Lee	Dix Hills NY	30	8041	16	21:48.94	7:01/M
6	David Thompon	Rockville Centre NY	33	9963	19	22:23.34	7:12/M
7	Richard Giron	Uniondale NY	33	1863	29	23:45.54	7:39/M
8	Joshua Goldman	Great Neck NY	31	1500	36	24:56.53	8:02/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Tomeo	Merrick NY	38	1829	54	27:15.70	8:46/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Sarah Hinchliffe	Elmont NY	35	1834	56	27:35.83	8:53/M
3	Kimberly Rosenkrantz	East Meadow NY	39	1493	62	28:31.76	9:11/M
4	Christina Heerkens	Williston Park NY	38	1830	76	29:45.65	9:35/M
5	Erika Rivera-Torres	Islip Terrace NY	39	984	86	30:41.47	9:53/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Diniso	Staten Island NY	35	9952	17	21:53.70	7:03/M
2	Tom Francisci	N. Massapequa NY	36	8050	28	23:39.34	7:37/M
3	John Caridi	West Babylon NY	35	1899	35	24:56.00	8:02/M
4	Eric Holden		36	926	40	25:34.30	8:14/M
5	Jeremy Price	NY	36	997	79	29:57.72	9:38/M
6	Edward Ryan	E Northport NY	36	983	95	31:47.77	10:14/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tara Lavalley	Malverne NY	44	1914	96	31:53.98	10:16/M
2	Kim Scharoff	Long Beach NY	43	24	117	36:50.78	11:51/M
3	Lori Seibert	Uniondale NY	40	1839	128	41:55.12	13:29/M
4	Lori Heavey	Long Beach NY	42	9957	134	46:24.94	14:56/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brito Romulo	Uniondale NY	41	9960	22	22:55.04	7:23/M
2	Jason Vegas	East Meadow NY	40	1847	75	29:33.54	9:31/M
3	Paul Ginocchio	Lynbrook NY	42	11	93	31:36.10	10:10/M
4	Shawn McDonough	Levittown NY	44	9932	104	34:06.22	10:59/M
5	John Brannan	Merrick NY	40	9950	112	35:14.32	11:20/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erica Summer	Floral Park NY	48	9944	46	26:14.27	8:27/M
2	Liz Trumpy	Levittown NY	49	8049	67	29:00.51	9:20/M
3	Julia Hegner	Wantagh NY	45	9937	82	30:09.49	9:42/M

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Melissa Slobin	Great Neck NY	47	9947	99	32:01.43	10:18/M
5	Andrea Maione	Mineola NY	45	9943	108	34:45.84	11:11/M
6	Diana Marks	Wantagh NY	47	9928	113	35:27.21	11:25/M
7	Rosina Woods	Hempstead NY	49	26	114	35:58.51	11:35/M
8	Shalvey Karen	Floral Park NY	45	9945	115	36:13.41	11:39/M
9	Regina M Priest	Islip Terrace NY	45	21	130	42:18.09	13:37/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ramon Cabrera	Fresh Meadows NY	45	1495	8	20:54.24	6:44/M
2	Jesus Perez	Freeport NY	45	972	10	21:06.73	6:47/M
3	Jose Velasquez	Old Westbury NY	46	1833	11	21:30.15	6:55/M
4	Steve Juchem	N Bellmore NY	49	1842	12	21:32.66	6:56/M
5	Ken Olson	Bethpage NY	49	8037	27	23:29.70	7:34/M
6	Jack Warecki	Uniondale NY	49	9940	85	30:40.68	9:52/M
7	Chris Brimacombe	Woodside NY	46	8044	91	31:17.06	10:04/M
8	Lorenzo Woods	Hempstead NY	47	25	103	34:02.18	10:57/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anne Broderick	Hicksville NY	53	7445	63	28:33.56	9:11/M
2	Lori Mangual	Merrick NY	54	8048	64	28:41.42	9:14/M
3	Debra Kane		51	1492	69	29:04.60	9:21/M
4	Danielle Sanders	East Meadow NY	51	1926	84	30:35.06	9:51/M
5	Michele Mac Mahon	Oceanside NY	52	971	98	31:58.58	10:17/M
6	Maryanne Juchem	north bellmore NY	50	1846	101	33:05.11	10:39/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Graham Wilcock	Central Islip NY	51	8899	15	21:46.78	7:00/M
2	Luis Sanchez	Uniondale NY	50	9953	33	24:41.44	7:57/M
3	Michael De Iulio	Carle Place NY	52	9935	51	27:02.00	8:42/M
4	Survilla Gary	Wantagh NY	52	9926	52	27:09.51	8:44/M
5	Michael Broderick	Hicksville NY	54	7446	53	27:14.65	8:46/M
6	Lee D'Amico	Wantagh NY	50	8	61	28:21.55	9:07/M
7	John Kane	New York NY	50	1826	68	29:04.53	9:21/M

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Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Amos Brotter	Merrick NY	54	7447	81	30:09.49	9:42/M
9	John Vosseller	Kings Park NY	50	9938	116	36:14.43	11:40/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cristita Martin	Farmingdale NY	56	9961	129	42:16.07	13:36/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Steinberg	Salisbury NY	56	9946	14	21:46.78	7:00/M
2	Dean Hutchinson	New York NY	57	8900	23	23:04.92	7:25/M
3	Steven Simmons	Massapequa NY	58	1848	37	25:02.06	8:03/M
4	David Ramos	Stony Brook NY	57	9954	38	25:20.78	8:09/M
5	Richard Semenick	Roslyn NY	58	9949	48	26:46.05	8:37/M
6	Ron Nardo	Bellmore NY	56	8047	65	28:42.98	9:14/M
7	Dennis Martin	Farmingdale NY	59	9941	66	28:55.41	9:18/M
8	Tom Cunningham	East Meadow NY	59	7448	70	29:08.90	9:23/M
9	James Yutesler	Syosset NY	57	1496	105	34:16.45	11:02/M
10	Bob Koenig	Levittown NY	56	13	125	38:37.55	12:26/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Donna Brady	Baldwin NY	61	9962	55	27:16.60	8:47/M
2	Claire Haines	Hicksville NY	64	9939	80	30:00.76	9:39/M
3	Lori Vallejo	New Hyde Park NY	60	9942	88	30:49.10	9:55/M
4	Donna Rosen	Jericho NY	63	1499	107	34:18.47	11:02/M
5	Rochelle Holden	Westbury NY	63	27	119	37:20.34	12:01/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eddie Ward	Syosset NY	63	9930	18	22:12.01	7:09/M
2	Glen Wolther	Jericho NY	62	1498	31	24:10.91	7:47/M
3	Pj Diskin	Mineola NY	63	7444	39	25:31.04	8:13/M
4	Mike Ludwig	Rockville Centre NY	64	1925	45	26:03.77	8:23/M

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5K Open

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Allen Cheong	Baldwin NY	61	8046	49	26:50.01	8:38/M
6	Drew Demasters	Westbury NY	64	973	58	27:42.35	8:55/M
7	Timothy Droge	North Merrick NY	64	10	83	30:13.44	9:44/M
8	John Lamanna	Oceanside NY	60	14	87	30:46.55	9:54/M
9	William Montero	Oakland Gardens NY	61	1828	102	33:21.04	10:44/M
10	Joe Bencivenga	Carle Place NY	63	9934	109	34:45.84	11:11/M
11	Shawn Sullivan	Franklin Square NY	62	1832	110	34:47.40	11:12/M
12	Warren Vandewater	North Bellmore NY	64	1838	120	37:25.94	12:03/M
13	Labarbera Sebastian	East Meadow NY	60	9955	131	43:36.54	14:02/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patti Drake	Lynbrook NY	68	1841	78	29:53.72	9:37/M
2	Sandra Went-David	valley NY	65	7449	97	31:58.19	10:17/M
3	Peggy Conneely	Wantagh NY	65	9929	111	34:57.61	11:15/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Sullivan	Brooklyn NY	66	977	34	24:46.12	7:58/M
2	Dennis Dowling	Baldwin NY	65	1835	100	32:46.51	10:33/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anne Fitzgibbon		70	934	90	30:52.69	9:56/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Frisone	New Hyde Park NY	74	927	41	25:34.94	8:14/M
2	Patterson Lostrunr	Hicksville NY	72	520	59	27:43.72	8:55/M
3	Shawn Momtahan	Bay Shore NY	70	17	73	29:27.60	9:29/M
4	Johnny Miller	Merrick NY	72	16	77	29:45.87	9:35/M

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5K Open

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob McVetty	Westbury NY	76	962	60	27:55.71	8:59/M
2	Michael Hatchette	Springfield Gardens NY	78	1497	118	37:04.30	11:56/M