



USATF-LI Individual & TEAM Grand Prix Race ALL ARE WELCOME! Become a Proud Member of USATF-LI to score in the Grand Prix



Eisenhower Park, NY **PARKING FIELD 2** Starts at 8:30AM Rain Shine

Friendly Reminder as per USATF-LI Grand Prix Rules; strollers, roller blades, skateboards, bicycles or pets are not allowed on the course

FEES Day of race - \$30 - QUESTIONS mschultz@bollaoil.com

RACE DAY SCHEDULE

Registration and **Packet Pick Up** Starts at 7:00am at Parking Field 2
8:30am Start at LI Road Runners Club Shed in Eisenhower Park E Meadow NY

MUSIC * RAFFLE * AWARDS * KIDS PRIZE WHEEL * BEST SWAG BAG EVER

HUGE Post Race Spread - Chips, coffee, protein bars, juice bar, ice cream and MORE

HUGE RAFFLE - Sports tickets, Gas Cards, Gift Baskets

Swag Bags for Registrants includes DRI-FIT TEE, assortment of bars, snacks beverages & water bottle!

AWARDS

Top 3 M/F Age Groups - Medals: 14 & Under, 15-19, 5 Yr Age Groups to 90+. Finisher Medals for 14 & Under

ELITE PRIZES Top 3 M/F Overall

\$1,000 Grand Prize M/F - \$500 2nd Place M/F - \$250 3rd Place M/F

Top 3 M/F USATF-LI Members (Double dipping allowed)

\$200 Gas Card 1st M/F - \$100 Gas Card 2nd M/F - \$50 Gas Card 3rd M/F

[Become a Member today!](#)

[See Last Year's Results HERE](#) + **[USATF 5K Course MAP HERE](#)**

RESULTS & PHOTOS

LIVE Online/Email/Text Results and FREE Video & Same-day finish line pics

Find Misc Photos on Facebook [@elitefeats](https://www.facebook.com/elitefeats)

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PLEASE WEAR YOUR BIB ON THE FRONT OF YOUR SHIRT!